

Matthew Micklewright

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PERSONAL STATEMENT

I am experienced individual within the Health and Social Care sector with a background in Health and Social Care Assessing, I can operate confidently and effectively with a wide range of service users and in a variety of settings which include Mental Health, Substance Misuse, Homelessness, and offending prevention.

EMPLOYMENT

Westward Housing

Mental health/Substance misuse recovery worker

February 2017-Present

- Provided accommodation based support in semi independent and outreach settings to service users affected by mental health, substance misuse, homelessness, and a history of offending.
- Encouraged disengaged service users to integrate back in the wider community in order to access employment, education, and leisure opportunities, and develop new skills.
- Encouraged service users to adhere to their tenancy agreements/responsibilities and facilitated the transition of moving on to more appropriate accommodation through Devon home choice.
- Worked in partnership with external agencies and families to monitor and evaluate behaviour and manage risk in accordance with best practice.

Caraston Hall & Randstad Agency

Mental Health/Substance misuse recovery worker

January 2015-Feb-2017

- Enabled and encouraged service users to take control/responsibility of their lives by implementing coping strategies in order to manage their behaviour, aid recovery and bring about positive outcomes.
- Empowered and supported service users with mental health issues to acquire independent living skills and helped facilitate the process from dependence to independent living.
- Liased and worked in partnership with multi agency colleagues i.e. psychiatrists, mental health nurses, social workers, and families to evaluate progress and assess the needs of the service user and improve provision.

Paragon Skills for Industry Health and Social Care Assessor

Nov 2013-January-2015

- Conducted initial assessments of learners prior to recruitment to ascertain the correct level of learning, calibre, and eligibility for the QCF Health and Social Care Diploma.
- Carried out assessments of my own caseload of learners within their workplace to ensure that their technical and practical knowledge meets the apprenticeship framework criteria.
- Developed, prepared, and delivered 1:1/group work training to learners to sector skills councils required standards.
- Empowered and encouraged younger learners to complete set coursework within their action plans/specific timeframes in conjunction with sector skills council contractual targets.
- Implemented support mechanisms and monitored learners with additional learning/social needs to overcome learning barriers.

EDUCATION HISTORY

2005-2008 University College of St Mark and St John
B.A. (Hons) Youth and Community: Level Achieved: 2:1
(Placements): Torbay Youth Offending Team

Devon Youth Association
2003-2004 St Loyes: University of Exeter, Devon.
BSc Occupational Therapy (Transferred to the above course)

2002-2003 South Devon College, Torquay Devon.
Access Course (pass).

- Human Biology Psychology
- Complementary Health Systems
- I.T. Maths

KEY SKILLS

- Able to work in a flexible manner and effectively as part of a team / independently.
- Excellent time management and prioritising skills.
- Experienced in working under pressure and completing tasks within time sensitive deadlines.
- Competent with Microsoft applications/case management.
- Excellent communication and interpersonal skills
- Knowledge of funding streams.

PERSONAL INTERESTS

I am interested in travelling and exploring new places, I have travelled to S East Asia, India, and South America and other countries, I also enjoy cooking especially curries, I also enjoy reading, walking, running and keeping fit.